



Martina's Bread Soda

16 slices 110Kcal

Ingredients

- 450g plain flour
- 1tsp salt
- 1tsp caster sugar
- 1tsp bread soda
- 325-425 mls of buttermilk

Method

Sift the ingredients in to a bowl make a well and add the milk gradually .

Bring the ingredients together- do not knead .

Turn onto baking tray shape into a circle and cut a deep cross into the loaf.

Bake at 230c for 15mins and reduce to 200c for a further 30mins.

