

Martina's Wheaten Meal Bread

30 slices 150Kcal

Ingredients

680g Wholemeal flour

450g plain flour

40g porridge

3 tsps bread soda

1 tsp salt

3 eggs

120ml olive oil

1 litre buttermilk

Procedure

Mix all ingredients together

Separate into 3 x 2lb loaf tins

Bake for 45mins at 200C.

